

# Pharmacy Pearls for Prescribers- Hyperlipidemia

\*\* An e-learning course available on the Avera portal \*\*

## **Program Goal**

Pharmacy Pearls for Prescribers provides up-to-date information on medications, developed by a multidisciplinary group of AMG primary care physicians and pharmacists from Avera Health and Avera Health Insurance Division. An interdisciplinary group has been working to develop educational materials to meet this need. In this series we will discuss hyperlipidemia management related to: review statin recommendations by risk group, describe cardiovascular benefits of omega-3 supplementation, identify the use of non-statin cholesterol lowering agents, and discuss managing statin-associated muscle symptoms.

## **Objectives**

- 1 Review statin recommendations by risk group
- 2 Describe cardiovascular benefits of omega-3 supplementation
- 3 Identify the use of non-statin cholesterol lowering agents
- 4 Discuss managing statin-associated muscle symptoms

## **Outcome**

100% of participants will demonstrate their knowledge by passing a post test with a score of 80% or better.

## **Target Audience**

**Specialties** – Other

## **Completion Requirements**

- View the entire educational content
- Complete the post-test
- Complete the evaluation

## **Accreditation & Credit Designation**

### **Physicians**

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00 AMA PRA Category 1 Credits(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Nurses (NCPD)**

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours. This activity has been approved for **1.00** pharmacotherapeutic credits.

## **Additional Information**

Feedback person for this educational activity is: [averacontinuingeducation@avera.org](mailto:averacontinuingeducation@avera.org)

Enduring material available from 1/1/2022 to 12/31/2022

This course content was reviewed on 12/9/2021

## **Disclosure Policy**

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

<b>Name of individual</b>	<b>Individual's role in activity</b>	<b>Name of commercial interest/Nature of relationship</b>
Thomas J Babb, PharmD	Committee Planning Member	Nothing to disclose
Tenille A Manning Heier	Committee Planning Member	Nothing to disclose
Luke Merkel, PharmD	Committee Planning Member	Nothing to disclose
Rebecca VandeKop, MD	Committee Planning Member	Nothing to disclose
Rachelle Davis-R-6716, PharmD	Content Expert - Committee Member, Faculty	Nothing to disclose
Chad Thury, DO	Lead Planner	Nothing to disclose
Amy Skoglund, RN, Nurse	Nurse Planner	Nothing to disclose

